

#### Starters

#### Chicken Curries - £9.20

(Rice not included)

**CEYLON:** A nice and gutsy dish cooked with dark spices. Strength similar to madras

**BHUNA**: A semi dry curry, sautéed in a traditional spice mix with chopped onions, peppers, tomato and coriander (medium or hot)

**MADRAS**: A rich, aromatic dish cooked with crushed chilli, fresh coriander and spices from the Tamil region. Unlike the original recipe, we also added tomatoes for extra richness (hot)

**MUGHLAI**: King of Kormas cooked with flaked almonds, sultanas, very delicate spices and cream (N)

**MASALADAR**: Mild Masala, fresh tomatoes, coriander and natural yoghurt. A simple but delicious curry

**GOENESE**: A fusion of Portuguese and Indian cooking, ground cumin, coriander, chillies, peppers and cardamom, a rich aromatic dish (medium hot)

**KARAHI**: Cooked with peppers, spring onion, fresh tomatoes and various spices. Cooked in ghee (medium hot)

85

15

85

85

**VINDALOO**: A hot and sour dish (hot)

**CHICKEN SAG**: A very popular curry with leaf spinach (medium)

#### CHICKEN TIKKA MASALA

Marinated, grilled chicken, served in a yoghurt and green masala sauce

**JALFREZI**: Marinated pieces of chicken, cooked in yoghurt, with chunky peppers, fresh tomatoes, finely chopped green chillies and spices (medium hot)

**CHICKEN TIKKA** (£11.50): Breast of chicken marinated in yoghurt with delicate spices. Served on a bed of saffron rice with salad

(N) Contains nuts



#### Meat Curries - £9.30

(Rice not include

**BHUNA**: A semi-dry curry, sautéed in traditional spice mix with chopped onions, peppers, tomatoes and corriander (medium or hot)

**MADRAS**: A rich aromatic dish cooked with crushed chilli, fresh coriander and spices from the Tamil region. Unlike the original recipe, we also added tomatoes for extra richness (hot)

**KARELAN**; Beef curried with a dark roasted spice mixture, coconut milk shredded ginger and fresh coriander (medium / hot)

**ALOO GOSH**: A traditional and satisfying meat dish curried with potatoes (medium or hot)

**SAG GOSH**: A very popular curry with leaf spinach (medium hot)

**MYSORE KOFTA**: A mixture of steak, lamb minced and blended with green herbs and spices. Cooked in a superb curry sauce (medium)

**TALAVA GOSH**: Cooked with peppers, spring onions, fresh tomatoes and various spices. Cooked in ghee (medium)

**MALABAR BEEF**: A sautéed dry dish, cooked with our own blend of aromatic spices, hot and deliciously flavoursome

## Lamb Curries - £10.25

(Rice not included)

**ROGAN JOSH**: Lamb curried in a beetroot and ginger puree with mild aromatic spices and fresh coriander. A classical North Indian dish (medium)

**LAMB BHUNA**: A semi-dry curry, sautéed in traditional spice mix with chopped onions, peppers, tomatoes and coriander - (medium or hot)

#### Seafood Curries

(Rice not included)

<b>KONJU</b> : King prawns in coconut sauce - (mild, medium or hot)£10.95
<b>BHUNA JINGA</b> : King prawns stir fired with spring onions, peppers, fenugreek leaves, fresh coriander, tomatoes and a touch of crushed chillies (medium)£10.95
<b>BHUNA SHRIMP</b> : Finest cold water prawns stir fried with peppers, spring onions,

(medium).....£10.25

fresh tomatoes and selected spices

MUCHLI MALABAR: Fish curried v	vith
our special masala, curry leaves,	
mustard seeds and fresh coriander	
(medium)£1	0.95

**VARTHA MEEN**: Spiced and pan fried fish (trout or similar) served with boiled rice, dal and salad.....£12.50

We do not use any GM food or artificial colouring. We colour our rice using 100% pure saffron. We use Scottish beef, Scottish poultry and Scottish or New Zealand lamb



# Vegetarian Curry - £8.50

(Rice not included)

**SUBZIE**: Indian and European vegetables including aubergines, okra, khadu, courgettes, yam, eddos and other vegetables. Cooked with herbs and spices traditionally used in vegetarian dishes

### Side Dishes

Also available as a full portion

Aloo Masala	£4.95	Bhund Gobi	
Dal Turka	£4.95	Sag  Leaf spinnach tossed in garlic butter	£4.05
Mixed lentils tempered with garlic, mustard seeds and onions  Bangan Bangia Curried aubergines Green Bean Poriyal Beans with mustard seeds, curry leaves and tomatoes  Bhindi	£4.95	Aloo Sag Spinach curried with potatoes Mutter Paneer Indian curd cheese with spicy peas in an almond sauce (N) Channa Masala Spicy chickpeas	£4.50 £4.05
Okra stir fried with crushed chillies, tomatoes and fresh coriander		A dish made of okra, tamarind and brown lentils. Served with rice cakes	£4.05

# Accompaniments

Poppadomeach £0.55	Boiled Rice£2.20
Dhai Ryta£1.45	Griddled Naan£2.50
Onion Chutney £1.45	
Mango Chutney£1.45	Garlic Naan£2.95
Pilau Rice£2.55	Peshwari Naan (N)£3.50

### Afters

Kulfi: Very aromatic Indian style ice cream	£3.95	(n)
Sticky Toffee Pudding		
Mixed Indian Sweets with Kulfi		
Cornish Dairy Vanilla Ice Cream		

TEAS - Regular • Earl Grey • Green • Selection of Herbal Teas - £1.75 COFFEE - After Dinner - £1.85 • Latte - £2.25 • Liqueur - £4.25 • Gaelic - £4.25